

#1.7-1.8 Bonneville Shoreline Trail - South Sections

Length: 2.5 miles

Difficulty: Moderate

Time: 1.5 hours

Elevation Gain: 484 feet



Description: Section #1.7 connects the BST at Davis Canyon to Centerville. Section #1.8 connects Freedom Hills Park to the BST with a horse trail running to the northeast.

The BST is a system of trails intended to eventually run from Nephi, Utah to Preston, Idaho. The trail generally follows the shoreline terraces left by the ancient Lake Bonneville 15,500 years ago. The highest shelf is at 5,150 feet, the Bonneville Level, then the Provo Level at 4,800 feet, followed by the Stansbury Level at 4,450 feet and finally, the Gilbert Level at 4,200 feet. In the Pleistocene Era (Ice Age), the lake covered a third of Utah. Around 14,500 years ago, melting ice caused lake levels to rise. Lake Bonneville overflowed at Red Rock Pass, Idaho, breaking through a natural dam. The flood lasted a year and dropped the lake 350 feet to the Provo Level. The lake floor rose 200 feet in a textbook case of isostatic crustal rebound.

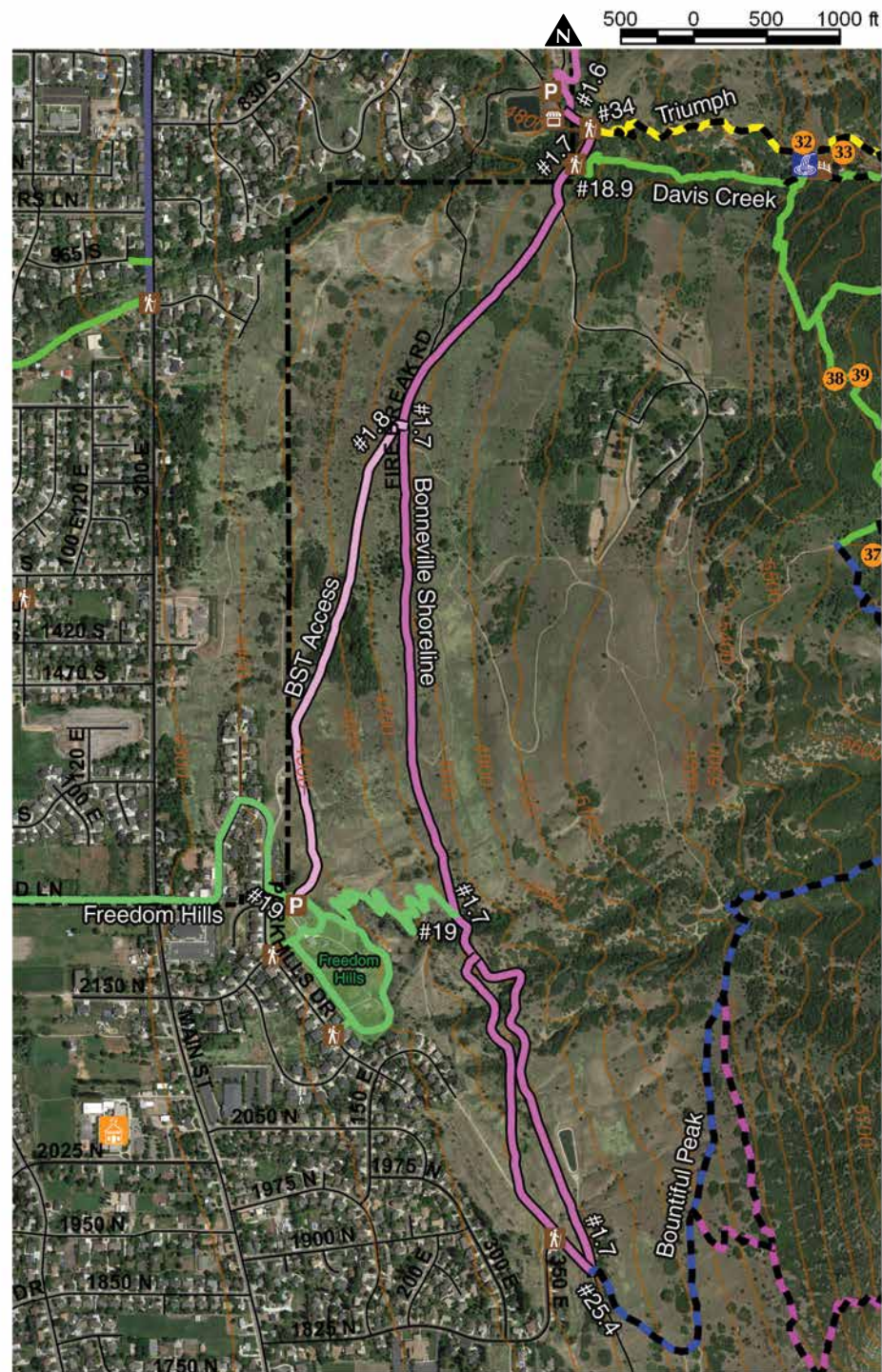
The current route near Farmington has not been officially approved by the BST Coalition at this time, but it generally follows the Weber Basin Aqueduct Road (WBAR), also known as the firebreak road. The tread base is loose dirt with rocky sections. As a reward for their efforts, hikers can enjoy beautiful sunsets over the Great Salt Lake.

Access Locations:

Access #1 - Reservoir Trailhead with Parking: The trailhead is across from the reservoir off Little Valley Road about 800 South. Little Valley Road is reached by turning east off 200 East at 500 South then driving up the road as it bends south to the reservoir where there are places to park. Walk south on the road 500 feet to a side road that continues south.

Access #2 - Freedom Hills Park Trailhead with Parking: Off 200 E., turn east on Lund Lane (1700 S.) and wind up the hill. Take the first right and continue on to Freedom Hills Park. Park here. Look for the trail heading northeast up the hillside behind the horse hitching post. A winding trail due east of the park provides an alternate access for bikers and hikers.

Access #3 - Centerville: Go east off Main St. in Centerville at 1825 N. Wind through the subdivision up the mountain to the firebreak road. Continue to follow the road northward.



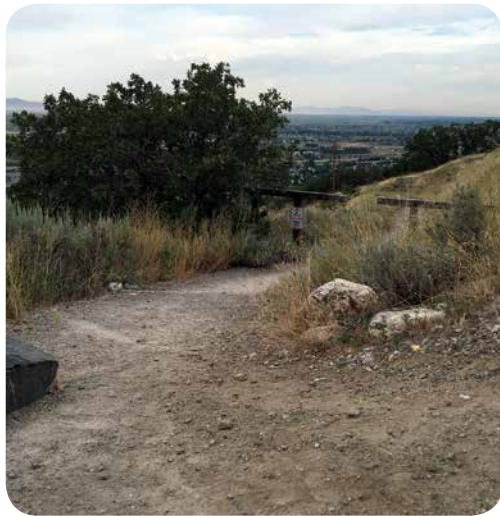
Sunshine is delicious, rain is refreshing, wind braces us up, snow is exhilarating; there is really no such thing as bad weather, only different kinds of good weather. -John Ruskin

#1.7-1.8 Bonneville Shoreline Trail - South Sections *cont'd*

Features:

- The BST is a fairly level north/south trail.
- Enjoy stunning sunsets across the lake.
- The trail is suitable for all four categories of users.
- Pull-through horse trailer parking is available at Freedom Hills Park.
- The BST is part of a larger trail system that provides access to all the eastern canyon trails.

Trail Surface and Status: The trail is fairly smooth with a gravel and dirt base and some rocky sections.



photos by Arvy Shumway

Few are altogether deaf to the preaching of pine trees. Their sermons on the mountains go to our hearts; and if people in general could be got into the woods, even for once, to hear the trees speak for themselves, all difficulties in the way of forest preservation would vanish. -John Muir